

# VDC Class Schedule

## 2023-2024

Classes begin week of September 11, 2023

### Discover Dance!

**6 week sessions**

**Ages 3-5 – Choose 1 class per week**

Mon. 3:45-4:30 pm

Sat. 9:15-10:00 am

### Ready, Set, Dance! Level 1

**Ages 3 & 4**

Mon. 4:30-5:00 pm

### Ready, Set, Dance! Level 2

**Intro to Ballet/Tap**

**Ages 4 & 5 - Choose 1 class per week**

Mon. 5:00-5:45 pm

Wed. 4:15-5:00 pm

### Let's Dance! Level 1

**Pre-Ballet/Tap**

**Ages 5 & 6 - Choose 1 class per week**

Mon. 5:45-6:45 pm

Wed. 5:00-6:00 pm

Sat. 10:00-11:00 am

### Let's Dance! Level 2

**Pre-Ballet/Jazz**

**Ages 6 & 7 - Choose 1 class per week**

Thurs. 4:30-5:30 pm

Fri. 5:30-6:30 pm

### Ballet

**Gotta Dance! Ballet 1**

**(ages 7 & up)**

Tues. 6:15-7:15 pm **(ages 9+)**

Thurs. 5:30-6:30 pm

Fri. 4:30-5:30 pm

Ballet/Jazz Combo - Sat. 11:00-12:30 pm

### **Ballet 1A (by faculty rec.)**

Fri. 6:30-7:30 pm

### **Ballet 2 (by faculty rec.)**

**2 Classes Per Week Recommended**

Thurs. 6:30-7:30 pm

Fri. 7:30-8:30 pm

### **Ballet 3 (by faculty rec.)**

**2 Classes Per Week Required**

B3 Tech. - Mon. 5:00-6:00 pm

B3 Performing - Tues. 6:00-7:15 pm

See Pre/Beg. Pointe classes below

### **Ballet 4 (by faculty rec.)**

**2 Classes Per Week Required**

B4 Tech. & Pointe - Mon. 6:45-8:00 pm

B4 & Pointe Perf. - Tues. 7:15-8:30 pm

See pointe classes below

### **Ballet 5 (by faculty rec.)**

**2 Classes Per Week Required**

**See Pointe Classes Below**

B5 Tech. & Pointe - Tues. 7:15-8:30 pm

B5 & Pointe Perf. - Wed. 8:00-9:15 pm

See pointe classes below

### **Pre-Pointe, Pointe and Progressing Ballet Technique**

**Required for dancers en pointe**

**Placement by Faculty**

Pre/Beg. Pointe (B3) - Wed. 6:00-7:00 pm

Int. Pointe (B4) – Tues. 8:30-9:15 pm

Int/Adv. Pointe (B5) - Tues. 8:30-9:15 pm

Variations & Progressing Ballet Technique  
(optional) (B4 & B5 only) - Thurs. 7:30-8:45 pm

## Lyrical

**Must also be enrolled in Ballet 3 or higher to enroll in Lyrical**

### **Lyrical 3**

Tues. 4:30-5:30 pm

### **Lyrical 4 (by faculty rec.)**

Mon. 8:00-9:00 pm

### **Lyrical 5 (by faculty rec.)**

Mon 7:00-8:00 pm

### **Teen Ballet/Lyrical (ages 12 & up)**

Thurs. 7:30-8:30 pm

## Tap

### **Tap 1 (ages 6 & up)**

Tues. 5:30-6:15 pm

### **Tap 2 (by faculty rec.)**

Thurs. 4:45-5:30 pm

### **Tap 3 (by faculty rec.)**

Wed. 5:00-6:00 pm

### **Tap 4/5 (by faculty rec.)**

Wed. 7:00-8:00 pm

### **Teen/Adult Tap Beg. (ages 12-Adult)**

Thurs. 8:30-9:15 pm

## Teen Ballet, Lyrical & Tap

### Ages 12 & up

### **Teen Ballet/Lyrical (12 & up)**

Thurs. 7:30-8:30 pm

### **Teen/Adult Tap Beg. (ages 12-Adult)**

Thurs. 8:30-9:15 pm

## Jazz

### **Gotta Dance! Jazz 1 (ages 7 & up)**

Tues. 5:00-6:00 pm (ages 9+)

Thurs. 6:30-7:30 pm

Ballet/Jazz Combo Sat. 11:00-12:30 pm

**Dancers must also be enrolled in ballet to enroll in the following jazz classes:**

### **Jazz 2 (by faculty rec.)**

Thurs. 5:30-6:30 pm

### **Jazz 3 (by faculty rec.)**

Mon. 6:00-7:00 pm

### **Jazz 4 (by faculty rec.)**

Wed. 6:00-7:00 pm

### **Jazz 5 (by faculty rec.)**

Mon. 8:00-9:00 pm

## Hip Hop

### **Mini Hip Hop (ages 5-8)**

Fri. 4:30-5:30 pm

Sat. 9:30-10:30 am

### **Hip Hop (ages 8-11)**

Fri. 5:30-6:30 pm

Sat. 10:30-11:30 am

Sat. 12:30-1:30 pm

### **Teen Hip Hop (ages 11-14)**

Sat. 11:30 am-12:30 pm

### **Teen Hip Hop (ages 12 & up)**

Fri. 6:30-7:30 pm

### **Teen Hip Hop Cont. (by faculty rec.)**

Fri. 7:30-8:30 pm

## Adult Classes

### **Adult Ballet/Lyrical (Continuing)**

(by faculty rec.)

Wed. 7:00-8:00 pm

### **Adult Jazz (Continuing)**

(by faculty rec.)

Wed. 8:00-9:00 pm

### **Teen/Adult Tap (Beginning)**

(ages 12 & up)

Thurs. 8:30-9:15 pm